

Better Way - The Art of Living Soulfully
Wed 13th to Wed 20th May 2020

‘Soul’ is a confusing term – commonly bandied about in religious circles but seldom defined or much understood. It’s also used in psychology, and popular culture where for example music, art, conversations, food, friendships, habits and rituals may be considered soulful.

Perhaps the great dilemma of our times is a ‘loss of soul’ – a dislocation from our deepest selves, from compassion, from nature – ultimately, from the divine. Yet when soul is neglected, it doesn’t simply go away; it appears in obsessions, addictions, aggression, and loss of meaning.

Drawing on music, art, poetry and biblical imagination this retreat will consider, not only the meaning of soul in theological and cultural terms, but importantly, explore tangible ways to foster soulfulness in ordinary everyday life, and in our world.

Dave is an Anglican priest, and chaplain to the St Ethelburga’s Centre for Peace and Reconciliation. He holds a Master’s degree in Biblical Hermeneutics, and is the author of many books including *How to be a Bad Christian - and a better human being* and *Black Sheep and Prodigals – an antidote to black and white religion*. Dave also regularly contributes to Radio 2’s ‘



See www.umbrianretreats.com for details of accommodation. All meals in Casa Roberto are included in the cost of **£700 per person**. All transport during the retreat is provided by people carrier. **Additional costs include flights to and from Perugia airport. Please also allow 200 Euros for light lunches, evening meals out and incidental expenses.**

www.umbrianretreats.com Tel: 01733 552535 / 07702 341041

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Please reserve space for:

Name(s) _____

Address _____

Telephone (home) _____

(mobile) _____

Email _____

Special requests _____

Enclosed is £200 deposit per person

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Please make cheques payable and post to: C N & F Morton,
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